

TOTALLY INFANTS PROGRAM

Almost Home



TOTALLY KIDS REHABILITATION HOSPITAL



“The Totally Infants Program is an exciting new approach to prepare newborns from the NICU for discharge to home. Provided in a welcoming, environment that is patient and family friendly, our unique program offers the specialized medical care these infants need and, in addition, provides intensive therapy to accelerate all aspects of their development and achieve better outcomes while shortening hospital lengths of stay.”

Murray Brandstater, M.D.
*Medical Advisor and Director of Research
Totally Infants Program*

Welcome to TIP at Totally Kids

The Totally Infants Program at Totally Kids Rehabilitation Hospital provides a new and innovative approach to the care of infants who are ready to transition from the NICU. Totally Kids is a place where parents can feel confident that their newborn will receive not only the medical care they need to transition to home, but also customized therapy to facilitate and accelerate all aspects of development.



A True Partnership

When an infant is admitted into TIP, our team of uniquely trained specialists conducts a full evaluation of the child and then works with the family to develop a customized plan of care. This forms the foundation for an equal partnership between our medical team and the infant's parents and family. By valuing each other's input in a true spirit of collaboration, we can achieve the best possible outcomes for the infant.

Because our program continues to be on the forefront of innovation and adheres to clinical best practices, TIP has repeatedly been shown to:

- Accelerate infant development.
- Optimize oral feeding.
- Shorten the length of hospitalization.
- Ensure a safe and successful transition to home.



Infants Served by TIP

Infants in TIP benefit from our unique environment that has been carefully created to provide family-centered care, appropriate stimulation and specialized therapy designed to facilitate growth and development.



A wide range of infants are served through TIP, including those confronting:

- Complications of prematurity.
- Feeding and swallowing difficulties.
- Neurological disorders.
- Pulmonary disorders.
- Chronic lung disease (including ventilator dependent).
- Gastrointestinal disorders.
- Developmental delay.
- Neonatal Abstinence Syndrome.
- Chromosomal or genetic disorders.
- Total parenteral nutrition.
- Heart and other organ transplant.
- Cardiac disease.
- Other medically complex conditions.

Creating a Calming and Supportive Environment

TIP's physical surroundings have been sensitively designed to be quiet, calm, tender and stress-free. Such an environment has been shown to support and enhance infant brain development while providing the ideal setting to enrich the bonds of attachment between parents and their babies.

This setting includes:

- Single rooms.
- Special lighting.
- Play area for infants to explore.
- Special toys/developmental equipment, etc.

The TIP setting on the Totally Kids campus also makes it comfortable for parents to be present and involved 24/7. This includes amenities such as:

- Comfortable seating and sleeping for the parents.
- Meals.
- Access to our Kids 4 Ever family home with showers, kitchen and laundry facilities.
- Access to classrooms and education with computers and Wi-Fi.
- Lounge space where families can gather for peer-to-peer support.



Your Infant's Care Team

Your infant's care will be led by a pediatrician and a physician trained in pediatric rehabilitation. These physicians ensure that all ongoing medical needs are met. They are supported by a multidisciplinary staff of nurses, therapists and other health care professionals who bring to the program distinct skills working with infants who require special medical care and therapy services. All professional staff collaborate with parents to ensure that each infant receives exemplary total developmental care.

Depending on the needs of the individual infant, therapies and program components often include:

- Occupational therapy.
- Speech therapy.
- Physical therapy.
- Recreational therapy.
- Child development.
- Dietary/nutrition.
- Infant massage.
- Feeding specialists.
- Neuromuscular electrical stimulation to improve swallow.
- Cuddlers.



The Care Journey: A Day in the Life of a Patient

All infants in TIP are cared for by specially trained nurses, and all progress and developments are documented and discussed daily by the team. TIP babies receive therapy services focused on their individual medical, physical, cognitive and psychosocial needs. Relying on the safest, evidence-based approach to care, a typical day includes:

- Four hours of therapy daily introduced at an appropriate frequency and duration, giving infants the opportunity to grow and develop. This includes:
 - ~ Physical.
 - ~ Occupational.
 - ~ Speech.
 - ~ Play.
 - ~ Massage.
- Special feeding program (for those who need it).
- Family training and infant interaction is encouraged and is designed to enhance the bonds of attachment between parents and their babies.
 - ~ Short-term positive effects of parental presence include improved physiologic stability and decreased stress.
 - ~ Long-term positive effects include improved attachment and bonding; optimal brain development; and enhanced physical, cognitive and psychosocial development.
- Progress monitored using special scales, which measure motor development; social, emotional and cognitive development; communication; and feeding.



It's Time to Take Your Child Home

Discharge planning begins the day of admission, and weekly status reports are developed so that both staff and parents can monitor the infants progress toward their discharge goals. And because parents are deeply involved in the care of their infant throughout their time at Totally Kids, we make sure that both parents and their children are ready for successful discharge to home.

Upon discharge, we offer support groups, workshops and training programs to educate families and prepare them to help manage their children's unique needs. We help guide families through their preparation for home and future needs, which may include ventilators, oxygen or other medical equipment throughout the continuum of care.



Half a Century of Caring

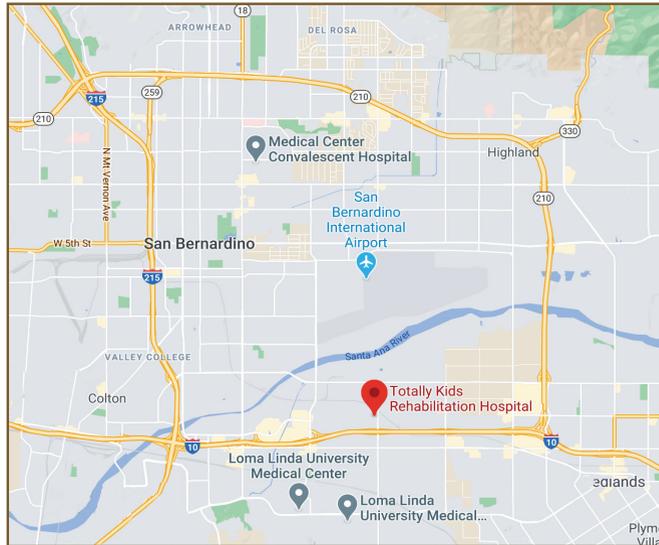
The Totally Infants Program is housed on the campus of Totally Kids Rehabilitation Hospital, which for nearly 50 years has been a national leader in providing personalized rehabilitation and habilitation services for children with a family-centered emphasis. Through programs encompassing acute pediatric rehabilitation (of which TIP is a component), subacute and residential intermediate care, Totally Kids offers a full array of resources for children who are recovering from physical trauma or surgery or have suffered catastrophic illness and those dependent on technology.

The entire team at Totally Kids is focused exclusively on its core mission of enriching the health and quality of life of children. The team is committed to meeting their medical, physical, developmental, social, psychological and spiritual needs through a blend of tenderness and expertise. Even its unique campus was specially built with this philosophy in mind.

All of Totally Kids' acute rehabilitation programs inspire children to gain the skills, capabilities and confidence they need to return home, back to school and achieve their potential. And it does that while surpassing industry standards for clinical outcomes and shorter lengths of stay. That's why Totally Kids Rehabilitation Hospital has consistently been awarded the Gold Seal of Approval by The Joint Commission, the nation's oldest and largest standards-setting and accrediting body in health care.



*“My baby was not feeding well in the NICU. The doctors gave me the choice of putting a Gtube in my baby or going to Totally Kids for their feeding program. I am so grateful I chose Totally Kids. The environment was so calm, and the feeding specialists were so helpful that within a few days my baby was feeding very well! We were able to go home in a week! This was the best decision I could’ve made!
Thank you!”*



**TOTALLY KIDS
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